



Banjara Camps & Retreats

## Essence of Ladakh | 07 Nights & 08 Days



Banjara Camps & Retreats A26 First Floor,  
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Vasant Kunj New Delhi 110070







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## Essence of Ladakh

### Day 1 | Arrive Leh Airport | Alt. 3500m/11000ft

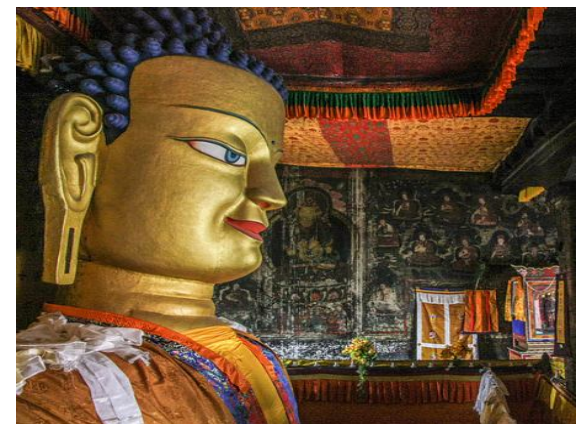
Arrive at the Leh airport our company representative will greet you and help you in getting transferred to your pre-booked hotel relax and take a short walk around the area to acclimatize yourself. Stay overnight at hotel.

**Meals Included: Lunch + Dinner**

### Day 2 | Leh Sightseeing

Post breakfast at hotel enjoy sightseeing of Leh including Thiksey and Shey Monastery. Drive to Stok Village and enjoy a traditional Ladakhi meal in a village home, later see Stok Palace & Museum. Post lunch After Lunch visit Hall of Fame, Magnetic point, Patthar Sahib Gurudwara and Nimmu – confluence point of Indus & Zaskar River. Stay overnight at the hotel.

**Meals Included: Breakfast + Traditional Lunch + Dinner**







## Essence of Ladakh

### Day 3 | Leh–Nubra Valley at Turtuk (Avg. Alt. 3048 M) 210 kms / 8 hrs)

After breakfast at hotel proceed for a stunning drive over the mighty **Khardung La (5602 M)** into the verdant Nubra Valley. Reach the base of the valley at **Khalsar**, stop for a cup of tea if interested. Here the road forks & the broad valley get divided into two distinct parts by the Shyok & Nubra Rivers. The RHS branch goes all the way to Siachen Glacier. We move on the other branch, via Deskit & Hunder. The wide open Nubra Valley starts closing in dramatically with the rocky mountain face getting darker & darker, finally bursting out into the verdant & vibrant Turtuk area at the north western end of the valley. Upon reaching check into safari tents at a verdant campsite amidst fields & orchards, sprinkled with clumps of wild & vibrantly colored blooms. Relax for a while, have your evening cuppa, and go for a short stroll to enjoy the sunset.

**Meals Included: Breakfast + Packed Lunch+ Dinner**

### Day 4 | Turtuk short walks / hikes & traditional Balti meal

Post breakfast spend 2- 3 hrs walking in & around the villages, interacting with the warm & hospitable locals sporting European looks. The cherubic kids are especially adorable. We get back to the campsite & enjoy a traditional Balti meal – so tasteful, nutritious and salubrious a diet that even 80-90 yr olds in the villages are active & full of life. Later you go for a hike & explore the fantastic, totally pristine natural beauty all around. **Please Note:** on Special request we can arrange a beautiful guided hike to Turtuk waterfall of minimum 3 Hrs(Level – Hard, strictly recommended only for fit individual

**Meals Included: Breakfast + Traditional Balti Lunch+ Dinner**







## Essence of Ladakh

### Day 5 | Turtuk- Deskit-Hunder | 95 kms / 3hrs)

After breakfast, leave for **Deskit**, reach the village in the afternoon. Check into your hotel rooms and have hot lunch. Relax for while and early evening we drive about 10 mins to reach the dunes of Hunder, here those interested can enjoy a ride on the **Double Humped Camels**. Be back in Deskit by 1630 hrs to have a great view of huge outdoor statue of the **Sakhyamuni Buddha** near **Deskit Gompa** in the lovely sunset. Stay overnight in the hotel.

**Meals Included: Breakfast + Hot Lunch+ Dinner**



### Day 6 | Deskit-Pangong Tso (4260 M / 14000 ft) | 175 km /6-7 hrs

After breakfast get driven to Pangong. At the foot of the pass on the other side we reach Tangse. Stop to enjoy your **lunch in the Ladakhi style dining** area of a local home-cum- guest house. Later carry on your drive and reach Pangong by early evening. Check into a Safari Tents bang on the lake shore at a campsite. Enjoy spectacular views of the mountains of the Changchenmo range to the north, their reflection shimmering in the ever changing blues and greens of the lakes brackish water. Stay overnight at the tent.

**Meals Included: Breakfast + Lunch in Tangse + Dinner**







### Day 7 | Pangong Tso- Hemis- Leh 165kms 5-6hrs

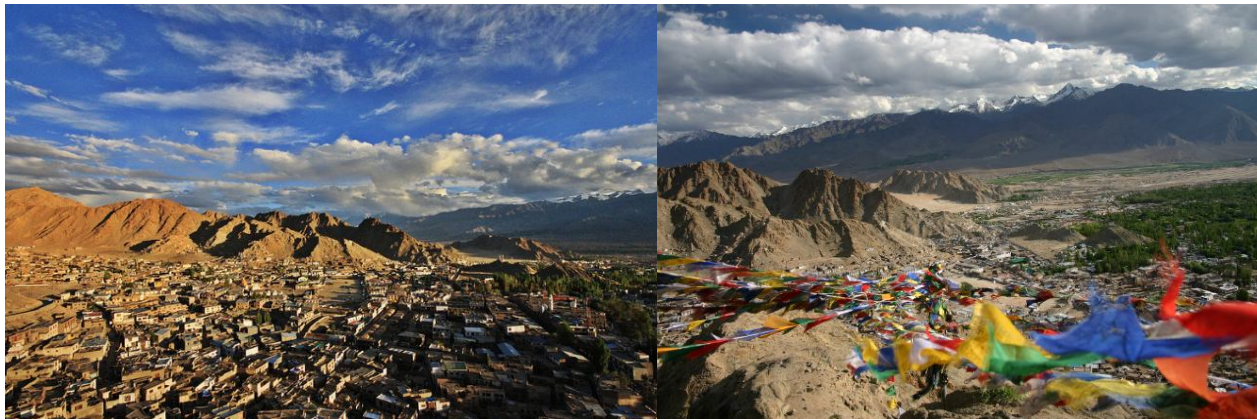
Enjoy your early morning cuppa & a spectacular sunrise by the lake shore. On the drive back to Leh, take a detour at Karu to see the glorious **Hemis Gompa** atop a hill in the periphery of the Hemis National Park. Reach Leh by late afternoon. Rest for a while and leave for the bazaar to shop for **Thangkas, Chunky antique Silver Jewelry with Turquoise embellishments, mementos, Apricots & apricot based beauty products**. Spend **sunset at Shanti Stupa** for unforgettable views of Leh Valley & town Return back to your hotel for the overnight stay.

**Meals Included : Breakfast + Lunch at Restaurant Café Cloud +Dinner**

### Day 8 | Leh- Airport Drop

After breakfast at the hotel, get transferred to the Leh airport to board a flight for your onward journey. Tour ends here.

**Meals Included : Breakfast**





### About Nubra Valley

In the days of yore, the fertile **Valley of Nubra** formed a part of the overland route between **Tibet** and **Turkestan**. Once dotted with garlands of camel and yak caravans, this **Silk Route** glen is also known as the '**Valley of Flowers**' of Ladakh, and is amongst the greenest valleys in the region – ideal for your holiday break. One can understand why anyone would envy the flowering glen of Nubra valley. During early summer, Nubra is clad in endless bushes of yellow and pink wild roses, and once the valley is through with the season of roses around August, a carpet of wild lavender lies gently on it. Nubra is also a relatively warmer valley in Ladakh, and the comparatively benign climate helps yield better crops and fruits, making Nubra the 'Ldumra', or orchard of Ladakh. The romance of the Silk Route still hangs in the air as you cross the formidable **Khardung La** – The **highest 'motorable' pass** on the planet- which connects Leh and the Nubra Valley. The road from Leh rises steeply to meet Khardung La and then dramatically plunges into a whirlpool of bends and turns to gradually unfold itself along the rushing Shyok and the Nubra Rivers. Visit the Deskit and **Hunder villages**. The road connecting **Deskit** with the quaint little Hunder Village winds through a gorgeous stretch of **sand dunes**. You could spend a pleasant evening around these natural marvels that border a stream, and have snow-capped peaks for a backdrop. Keep your eyes open for the **double-humped camels** and Seabuck-thorn forest! The more adventurous ones could take a camel ride from Hunder to Deskit. We recommend on way to Nubra and in Nubra valley:

- \* **Enjoy a hot cup of tea at army check post just after Khardung La.**
- \* **Enjoy a Bactrian camel ride at Hunder (no fear of falling as these are two humped camels!).**

**Please note :** Prepaid number doesn't work in Leh & Ladakh. Also, not all postpaid numbers work in the region, as only BSNL postpaid number works in the Nubra valley ( Deskit-Hunder-Turtuk). However, in Turtuk and Pangong , one will have to get to certain place in order to get the network.

◆ Also, Nubra Valley and Pangong gets limited electricity due to its complex location ( at times hot water buckets is provided for shower)



### Important Note:

#### **Food & Hygiene:**

◆ Food is a mix range of vegetarian/ non- vegetarian with a choice of Indian, Continental & Chinese food. All meals are buffet meals. There is no room service at most places.

#### **Fitness:**

◆ You should be in good health if you wish to hike. Please take your doctor's advise if you are a heart patient, asthmatic, pregnant or suffer from epilepsy.

#### **Altitude Sickness:**

◆ Acclimatization to altitude above 3000 meters takes time. The body undergoes a number of physiological changes some of which are immediate like increased pulse rate & respiratory rate. These changes plus the effect of intense sunlight, walking & dehydration may cause loss of appetite, fatigue, headache, nausea, dizziness, sleeplessness, mild shortness of breath etc.

◆ The best treatment is prevention! Avoid rapid ascents; take acclimatization symptoms seriously using rest days/Diamox tablets. If symptoms are severe, DESCEND IMMEDIATELY.

#### **Medicine:**

◆ We keep a first aid kit. Please bring your personal medicine.

#### **Tipping:**

◆ Tipping amount is at your discretion.

#### **Photography:**

◆ Please ask your guide before taking photographs inside any monastery. If you plan to photograph locals, please take their permission before doing so.